

ALL DAY BREAKFAST

<p>HOMEMADE SOURDOUGH gfo - dfo white or rye with butter 6 your choice of vegemite / nutella / peanut butter / homemade jam</p>	<p>EGGS ON TOAST v - gfo - dfo 10.5 homemade sourdough with your choice of eggs</p>
<p>HOMEMADE FRUIT TOAST v 6.5 banana & walnut or raisin</p>	<p>EGG & BACON ROLL gfo 15 rocket / chilli jam / parmesan</p>
<p>HOMEMADE CRUMPETS v 9 with maple butter</p>	<p>SMASHED AVO v - gfo - vgo 16 rye / avocado / pomegranate / seeds / mixed greens / haloumi / sticky balsamic / lime + poached egg 2</p>
<p>HOMEMADE GRANOLA vg 12 mango compote / strawberry / nuts / seeds / coconut chips / mint / with a side of coconut milk</p>	<p>TURMERIC HUMMUS vg - gfo 16 rye / mushroom / chilli kale / asparagus / sticky balsamic / fried shallots + poached egg 2</p>
<p>GRÖT vg - gf 14 coconut rice porridge / cinnamon / spiced rhubarb compote / toasted almonds / coconut chips</p>	<p>CHILLI CORIANDER v - gfo 16 white / scrambled eggs / mixed greens / fresh chilli</p>
<p>FRUKTSALLAD v - gf - vgo 12 seasonal fruit with a side of passion fruit yogurt</p>	<p>OMELETTE gfo 18 chorizo / tomato / red onion / spinach / fresh zucchini / parmesan / with a side of toast</p>

KIDDIES

<p>MINI ROLL gfo 6 egg / bacon / with a side of tomato sauce</p>	<p>SALMON POTATO CAKES gf - df 18 potato rösti / smoked salmon / aioli / avocado / radish / dill</p>
<p>MAPLE SYRUP CREPE gfo 7 with ice cream</p>	<p>PYTTIPANNA gfo 20 vienna / bacon / potato / spinach / mushrooms / red onion / fried egg / beetroot / with a side of toast</p>

extras	3.5
avocado / fried tomato / garlic mushrooms / chilli kale / spinach / gf bread	
even extra	4.5
spicy chorizo / vienna / bacon / smoked salmon / haloumi / potato rösti	
sauce	1
tomato chutney / garlic aioli / chipotle / vegan mayo	

OPEN FLATBREADS

topped with your choice of:

BREAKFAST dfo 18

bacon / egg / tomato / aioli /
mixed herbs / parmesan

MUSHROOM v - dfo 18

rocket / balsamic / red onion /
feta / pine nuts

SWEDISH df 18

smoked salmon / spinach / aioli /
crispy capers / red onion / dill

SOMETHING SWEET

ORANGE CREPES gfo 14

fresh orange / blueberry jam /
orange syrup / ice cream /
honey pistachios / mint

LEMON SUGAR CREPES gfo 11

MAPLE ICE CREAM CREPES gfo 14

ALL DAY LUNCH

BOWL OF FRIES gf - vg
with a side of tomato sauce
small **3.5** / large **6**

MEATBALLS 20

creamy mash / gravy / cucumber /
pickled red cabbage / dill

CHICKEN BURGER gfo 17

coleslaw / rocket / parmesan
jalapeño / red onion / chipotle
+ side of small fries 3.5

CHICKEN CAESAR gfo - dfo 17

lettuce / bacon / chicken / aioli /
parmesan / poached egg / red onion /
sundried tomato / rye crumb

ROOTS & BLUES v - gfo - vgo 17

rainbow root vegetables / lettuce /
couscous / roasted red onion /
pomegranate / blue cheese dressing

SWEDISH CREPES gfo 18

smoked salmon / balsamic /
spinach / pickled red onion / radish /
crispy capers / aioli / mixed herbs

GOODIE!!

we only provide the best for you! Barossa chorizo & smoked ham /
free range chicken & eggs / homemade bread & pastries

WE'VE GOT YOUR BACK

(gf) GLUTEN FREE
(gfo) GLUTEN FREE OPTION
(v) VEGETARIAN

(vg) VEGAN
(vgo) VEGAN OPTION
(df) DAIRY FREE
(dfo) DAIRY FREE OPTION

KEEP IN MIND

Kitchen Closes by 3pm / 10% Surcharge on public holidays /
Only minor alternations on weekends & public holidays
Food and Drink may contain traces of Nuts, Seeds, Gluten, Fish, Meat
and Dairy. Please let our friendly staff know of any dietary requirements
and we will try our best to satisfy your cravings.

HOT DRINKS

3.8 4.9 5.2 6.4
 small / med / large / bowl

ORGANIC & FAIR TRADE COFFEE

long black / latte / cappuccino /
flat white / mocha / dirty chai /
piccolo / espresso / macchiato 3

add syrups 1
vanilla / caramel / hazelnut

HOT CHOCOLATE

classic / chilli

SPICED DRINKS

chai latte
add spiced turmeric / vegan chai .20

KAFFEKASK 8.5

strong black coffee with vodka

MUG OF HOMEMADE CHAI 6

with ginger / honey / milk

HOT SPICED APPLE 5.5

chai tea / apple juice / ginger /
cinnamon stick

GINGER ZINGER 5.5

star anise / pink peppercorns / ginger

WINTER WARMER 5.5

lemon / orange / mint / ginger /
lemongrass / turmeric /
with honey on the side

GLOGG 5.5

hot spiced blackcurrant tea / ginger
add a vodka shot 6

ORGANIC LOOSELEAF 4.9

english breakfast / earl grey /
chamomile / green / peppermint /
valhalla / nordic berries /
stockholm / erik the red

MILKS

full cream / skim

or add

zmyil / soy / coconut / almond

.60 1 1.2 1.2
 small / med / large / bowl

COLD DRINKS

iced coffee / iced chai / 5.5
iced mocha / iced chocolate /
coffee frappe

MILKSHAKES 5.5

chocolate / vanilla / chai / banana /
berry / caramel

SODA 4.5

nordic berries

FRESH JUICES

apple or orange 7

REFRESHER 8

cucumber / lemon / mint / ginger /
apple / celery

MORNING BURST 8

turmeric / orange / lemon / ginger

RUBY RED 8

grapefruit / apple / watermelon

SMOOTHIES

TROPICAL GREENIE vg 8.5

mango / passion fruit / kale / spirulina /
pineapple juice / coconut milk

PEANUT BUTTER BERRY vg 8.5

mixed berries / peanut butter /
banana / almond milk / Lsa

BREAKFAST vg 8.5

oats / dates / banana / honey /
soy milk / cinnamon

BOTTLED DRINKS

SPRING WATER 3.5
400ml

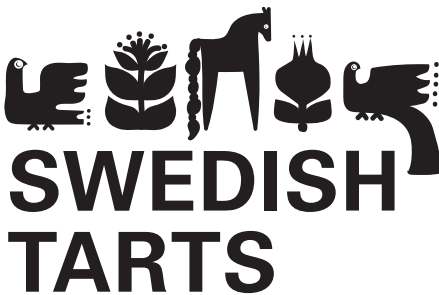
SAN BENEDETTO
sparkling water
250ml **3.9** / 500ml **5.9** / 1ltr **8.9**

BEYOND 4
coconut water

DOUGLAS PARK ORGANICS 3
organic apple juice box
organic orange juice box

SODA REPUBLIC 3.9
organic cola
organic lemon/lime & bitters

REMEDY KOMBUCHA 5.5
apple crisp
lemon & ginger
cherry plum
raspberry lemonade



follow us on instagram & facebook

  @swedishtartshenley

www.swedishtarts.com
(08) 8235 1116

330 Seaview road, Henley Beach

ALCOHOL

BEER

CORONA 7.5

COOPERS 7.5
pale ale
sparkling ale

CIDER

HILLS 7.5
apple cider

COCKTAILS

ESPRESSO MARTINI 15
vodka / kahlúa / coffee / ice

APEROL SPRITZ glass jug
prosecco / fresh orange **12 32**

WINE

	glass	bottle
KARAWATTA		
sauvignon blanc	8	33
pinot grigio	8	33
shiraz	8.5	38

JACOB'S CREEK (200ml bottle) 8.5
pinot noir

	glass	bottle
ZONTE'S FOOTSTEP		
prosecco	10	39

BIRD IN HAND (bottle only) 42
sparkling pinot noir

ADVENTUROUS

SWEDISH VODKA SHOT 6
infused with caraway &
fennel seeds / dill / orange